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CONVERSATION WITH JIM GORDON - January 27, 1984 - Kalamazoo

K: What is the purpose of disease? Are some diseases for the purpose of teaching?

Do different diseases have different purposes? You once mentioned karma and disease. Please go into this. Does disease ever serve the purpose of speedy return? More incarnating in order to learn different things.

JG: I don't know about speedy return. Disease is a way that karma can be administered to an individual so that a lesson can be learned. It's actually programmed at the time of conception - karma is dictated into the genetic factor of the cell so that every cell in your body, the RNA-DNA structure carries the genetic code and the karmic code for that individual. So as time goes on the genetic code releases the karmic pattern at its proper time into the physical body so that the karma can be administered and experienced and hopefully, eventually dissolved. Part of karmic involvement in the body could be disease - it's a way of releasing karma. A lot of times what happens is this - say there's a karmic indebtedness one to the other - say for instance I owed you something, but because of certain incarnating functions, either you don't come in at the same time I do or because you owe so much more elsewhere in the world or with a group of people that you have to be there instead of being involved in dissolving our karmic involvement, then I can actually take on a disease or have a disease develop that will help me to burn off a lot of the karma individually. By going through much of the same fear, the same problems, the same aggravations or whatever that I would have gone through karmically if you had been there physically - I could go through a lot of it with the disease itself and burn off some of the karma. Eventually we'll still have to come back and work things out together one on one but it can actually dissolve a lot of the indebtedness if I owe a lot to you. I can go ahead and burn a lot of the indebtedness off.

K: But you have to know what you're doing?

JG: No, it happens all the time without people knowing it. That's what disease is all about - disease is a karmic pattern of learning, because it helps you to find certain levels of yourself that you would never get in touch with and also the pain, anguish, horror, fear. whatever, helps you to burn off the karma. Maybe you caused anguish or fear or pain to somebody else and by living through that illness within yourself you go through much of what you caused other people to go through. By doing that you have burned off that karma.

K: That's what I'm doing now by getting sick?

JG: That's hard to say. This could be just a mental reflection of your stress. This isn't a karmic pattern. See your mind...your mind is in constant function and is always changing the energy of the aura. The energy of the aura changes from second to second with each thought pattern and each emotional pattern that we emit within ourselves and feel and express. The pattern of the aura is constantly changing to reflect that change - to reflect the idea of the feeling. When we are really going through a great deal mentally, it causes the aura to become congested or constricted so that the flow of life force is not maybe as flowing as it should maybe be. So that congestion, the energy congestion in the aura and in the chakra system can cause an ailment to occur that maybe isn't karmic, in the sense of something that happened in the past. It can be karmic, if you want to use the word karmic there, of something that is happening right now. See all karma is is the law of balance. So, because you've created an imbalance, the body is trying to bring about a balance. So the ailment or the congestion in the system allows the body to be aware of the congestion of energy flow. And then you have to rest, you have to kind of sit back and say, "O.K., there's something congested. I'm ill. I've got a

cold, whatever. I've gotta sit back and rest and let this congestion out so that the energy can flow once again." So that gives you a chance to sit back and either subconsciously or consciously analyze what's going on in your life and on some level work it out enough to where the congestion is relieved and then the illness is gone.

K: So what you see right now is just a congested aura?

JG: Yeah, it's just the strain of the events happening right now from an emotional level with you. But see, karma is real intricate in the way it moves. And a lot of the diseases that people have today are a reflection of diseases that they even had in other lifetimes. A very good example of that is my mother. My Mother ended up having breast cancer during the time of Louis XIV and she died of it eventually, a very painful agonizing death. This cancer and the agonizing death was a reflection of her problems at the time - of her congestion of energy. She had certain ideals or expectations and that in those expectations, when they were not lived in the way she had envisioned them, she began to contract her energies on herself through frustration and anger. Eventually, if you don't handle the constriction of life flow, it will create an ailment in the physical body. What was happening with her was that because she did not try to find a way to relieve that pressure, that tension and that constriction of flow, the ailment occurred.

K: Do different diseases serve different purposes?

JG: Well, they all serve the same purpose in the sense of relieving the constricted flow energy. It's hard to say - cancer is often caused by an emotional damage, an emotional hurt, that has attacked the system in such a way - constricted the flow in such a way that the immunity system finally breaks down. You see, cance-

cells are in the body at all times - it's just that the immunity system is good enough to keep them from continuing their development. But when we have an emotional disruption in that flow, the energy in that flow of life in our bodies, then that flow - if it is broken off long enough will reflect in the immunity system being suppressed. And when the immunity system is suppressed, the cancer then can manifest easier and continue its growth. So cancer is a reflection often of emotional strain and because of the strain, it suppresses the system for health and allows that to manifest. My Mother, see, she's had cancer in several lives because of that one. Once you have something like that, unless you release that pressure point, that strain of constriction of the flow in some lifetime, you'll continue to relive it and relive it and relive it until you finally let go of it. That's karma. If you don't learn the lesson in this lifetime, you relive it until you learn it. You have to balance. For every action, there's a reaction. You have to have that balance. A lot of people don't realize that a lot of the diseases and ailments that they have today are really caused by events in other lifetimes that they've never let go of or learned from.

K: Which Great Spiritual Being came here from Sirius to be on the hierarchy board for Earth?

JG: O.K., the hierarchical board that existed back then is very different from now. The hierarchical board back then did not have any souls that had gone through Earthly evolution. And so the hierarchical board has shifted a lot since that time when people came from Sirius. So I couldn't give you the actual names because a lot of them aren't here now. Yesterday I was giving you the names of those on the Board now. See, it wasn't until Gatama Buddah in his development - see he was the first soul to go through the human chain of evolution, completely go through it and come out an enlightened soul and enter into the

hierarchial reign. Until then it has always been extraterrestrials who have come and just been of service and have not entered into the human chain of evolution. They served from the inner planes. So up until then none of the masters who came here from other planets and other systems had actually gone through the whole life cycle of the human soul - experienced all the different incarnations - all the different lessons - all the different problems and growth patterns that were necessary to finally reach spiritual enlightenment. The soul of Gautama Budda did. He chose to come on in - he was on the hierarchial board in a minor role. He chose to come in and go through all the challenges to learn - both for himself and for the other masters - to help them maybe understand some things about the evolution of the human soul. In that way, he became the first so-called human Earth soul to reach total enlightenment and serve on the board.

K: Was that in one lifetime or many?

JG: Many, many.

K: Who else was he?

JG; I don't know - I've never meditated on him to know who he was in other lifetimes. I'm sure he's had a lot of other lives but I just don't know. So he opened the doorway. See, through him, he began teaching others how to reach enlightenment - through his philosophy he taught other souls how to reach enlightenment and serve on the hierarchial board.

K: You just said a minute ago that you can burn off karma without knowing it through disease. Can you burn off karma through prayer without knowing you are burning off karma? *Interruption*

JG: Not through prayer alone. You can through meditation, but prayer is more talking to God about problems and situations and asking. Meditation is opening up to the God within you and allowing the forces of the God within you to move in your life and to make changes in your life. Part of those changes are the burning off of karma - offering the karma to God. But prayer is more talking and asking rather than a communing with or becoming one with. And you have to become one with the God part within you and as you do so, you are, in a sense, pulled away from the physical universe and the karma that holds you to the physical universe.

K: Do you have to know, in meditation, what you are asking for?

JG: Well, in meditation, you're not really asking. All you do is just go in and try to find the God within you. You try to become one with the God within you. And in the effort and in learning to control the emotions of the mind, so that you can go beyond them, you release yourself of the karmas - the emotions of the mind.

K: So you don't have to ask for a specific...?

JG: No, the real process of meditation is learning how. You don't have to ask. It's just a process of. As you grow and learn to release the emotional and the mental natures, then you are released from the karmic bonds of those natures.

K: You mentioned the difference between universal information and the akashic records. When you get universal information, are you in your soul body? Your guides are telling you this, or who?

JG: See there are different levels of getting information.

The Akoshic Records are a stored collection of experiences in a soul. There's an energy called akosha in the astral and in the astral the emotional impact of everything that goes on in your life is implanted in the akosha. So that everything that happens on an emotional level and everything does have an emotional structure, is stored in the akosha.

K: And each person has their own? (Yeah) And it's readable in their aura?
(Right) And so that's how you do that.

JG: Well, you see the akosha engulfs the entire world - it circles the entire Earth, so that everything, every event is recorded just like a movie film. And any time that you tune into a particular period, you can then see the records stored there about a particular incident. Now, the universal is much different because it's on a much larger scale and it's beyond the akosha. It's striving to get the knowledge whereas akosha is just a recording of events and it may not be a knowledgeable recording. The universal is an acknowledgeable, knowing awareness, so you have to reach up to the different levels of the soul, beyond mind even. There's universal knowledge of the mind and universal knowledge of the soul. It just depends, too, on just how much knowledge the individual can take. Soul universal knowledge is much wider in its concept of understanding than the mind, because the mind knowledge is still limited to the experiences in the physical universe. It is embedded with a lot of spiritual knowledge but it is still embedded with a lot of physical prejudice - physical universal prejudice that Kaal puts on it. So until you get to the soul level, you can't really get to the unprejudiced universal, spiritual knowledge where all is encompassing - all is knowing. You can get there either through soul travel - where the soul body is used to bring back this knowledge - or if you develop it through meditation, then you can do it in a conscious meditative effort. But it takes time, effort, meditation and practice - and learning to discern the

different levels so you know what is actually astral knowledge, what is mental knowledge and what is spiritual knowledge. And it's a very fine line there sometimes as to which one you are getting at that time.

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